

# Campion

## Ignatian Spirituality Centre

### Application for admission to the Arrupe Program for Forming Directors of the Spiritual Exercises

(Strictly Confidential)

#### Personal Information

(Please Use Block Letters)

Surname ..... First Names ..... Title/Religious suffix .....

Postal Address .....

Town/City ..... Postcode ..... Country .....

Telephone (W) ..... (H) .....

Facsimile ..... Email .....

Date of birth ..... Religious Denomination .....

Status (please tick as appropriate): married ..... single ..... widowed ..... separated/divorced ..... priest ..... religious .....

Present occupation ..... If married, state how many years and the number of children .....

If priest/religious, please name Diocese/Religious Congregation .....

#### Instructions to the applicant

1. Please type or print all information.
2. Check that you have completed all sections of the Application Form.
3. Write a Personal Statement (see page 4).
4. Ask two referees to forward letters of recommendation directly to the address below (see page 3).
5. Please note that an applicant must have made the full Spiritual Exercises of Saint Ignatius, either as a 19<sup>th</sup> Annotation retreat (the retreat in daily life), or as a 20<sup>th</sup> Annotation retreat (the thirty-day retreat).
6. Sign and date the Application Form and return it with the Personal Statement to the address below.

Course Coordinator  
The Arrupe Program  
Campion Retreat Centre  
99 Studley Park Road, Kew, Victoria 3101

Telephone: 03 9854 8110  
Facsimile: 03 9854 8100  
Email: smithm@mira.net  
Web site: www.campion.asn.au

## Education, Courses, Spiritual Direction, Retreats

Please list in chronological order all colleges, universities and seminaries/theological colleges attended, graduate and undergraduate, degree conferring or not, and indicate degree or diploma earned. **Note:** Tertiary qualifications are *not* required for entry to the Arrupe Program. The program is open to mature age participants who have demonstrated a gift in the area of spiritual guidance.

Degree/Diploma	Institution (full name)	Years
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Courses attended on Prayer and Spirituality (Over the last ten years)

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Have you had Spiritual Direction? If so, please state for how long and how frequently.

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**The Exercises.** All applicants need to have completed the full Spiritual Exercises of Saint Ignatius of Loyola, either as a thirty-day retreat according to Annotation 20, or as an individually-directed retreat in daily life according to Annotation 19.

I have made the full Exercises according to: (i) Annotation 19  (ii) Annotation 20  (iii) Both 19 & 20

Please state the year, the name of the retreat centre where you made the full Exercises, the country and the name of your director:

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**Retreats.** Please state the kind and length of retreats you have made.

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Do you suffer from any medical or psychological condition that could inhibit your full participation in the Arrupe Program?

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### Pastoral Experience

Indicate briefly, giving dates and places, your pastoral or other experience in ministry. Please make a particular note of any spiritual direction or retreat-giving you may have done.

Church/Retreat Centre/other	Address	Dates	Position
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### Recommendation Forms

Please arrange to have two referees each complete the Recommendation Forms and forward them directly to us. If you are a religious or a priest, one letter should be completed either by your Congregational Leader/Bishop or a senior and experienced member of your community, and the second, if possible, by the person who directed you through the *Spiritual Exercises*. For a lay person, two people who know you well can complete the forms. If possible, one should be the person who directed you through the *Spiritual Exercises*. One could be your parish priest or your present spiritual director.

**Note:** *The telephone numbers of your referees are important as the course coordinator may ring them about your application. Please inform your referees of this. The Recommendation Forms will be regarded as strictly confidential.*

Name of First Referee ..... Phone number .....  
Address ..... Postcode .....

Name of Second Referee ..... Phone number .....  
Address ..... Postcode .....

### Interview

We interview applicants for the Arrupe Program for training directors of the Spiritual Exercises. It would be helpful if you could give us some indication of when you would be available for an interview.

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Signed ..... Date .....

Return this form to:  
Course Coordinator

The Arrupe Program  
Campion Retreat Centre  
99 Studley Park Road  
Kew, VIC 3101

## Personal Statement

In order to make a careful assessment of your application, we wish to get to know you as well as possible. Toward this end, please compose a substantial Personal Statement that will introduce yourself to us. It would be best if it were typed or printed legibly. The following items indicate topics that could be addressed. You are welcome to follow this sequence of questions or choose your own style of Personal Statement, but please be concrete. Please note that your Personal Statement will be considered as strictly confidential. It will be available only to the course coordinator and selection panel of the Arrupe Program.

### I. Personal History and Prayer Life

- What do you consider are key aspects of your personal development and the influences at work in them?
- What particular gifts/strengths/experiences will you bring to this program?
- What aspects of your personal/faith development do you consider most need deepening and growth for you to be an effective director of the Spiritual Exercises?
- When and where did you make the full Spiritual Exercises?
- In what way was this a significant experience for you?
- Describe your prayer life, its frequency and the time given to it.
- Do you make the Examen of Consciousness? Does it help? If so, how?
- Describe, briefly, how spiritual consolation and desolation tend to operate in your daily life.
- What has been helpful in your prayer? For example, books, prayer methods, postures, places, attitudes and so on.
- How has your prayer changed over time? Can you pin point times when your prayer deepened? If so, why?
- What is your image of God? Has it changed? If so, why?
- List some of your favourite passages or verses of Scripture. Why do these passages resonate with you?
- Are you comfortable faith-sharing in a group? Please describe how you experience sharing your faith in a group.

### II. Experience in the ministry of spiritual direction and retreat-giving

- Do you have any experience as a spiritual director and/or retreat-giver? If so, please detail your experience.
- What impact has your experience as a spiritual director and/or retreat-giver had on you?
- Do you have people seeking you out for spiritual conversation/guidance? If so, how do you minister to them?
- How would you characterise yourself as a spiritual director and/or retreat-giver?
- Can you detect spiritual consolation and desolation operating in the life of another when he or she shares with you? What is it like?
- How would you characterise your interpersonal style?
- What does listening to another empathically involve for you?
- How do you enter sensitively into spiritual conversation with another?
- Who and/or what has influenced you to pursue training as a director of the Spiritual Exercises?

### III. Future Plans and Perspectives

- Please state *why* you wish to begin the Arrupe Program for training directors of the Spiritual Exercises, and why *now*?
- Upon completion of the Arrupe Program, how/where/with whom do you see yourself ministering as a director of the Spiritual Exercises?
- If you are not accepted into this program, what are your alternative plans?



# RECOMMENDATION FORM

**For those giving References supporting Applications for a place in the Arrupe Program for training directors of the *Spiritual Exercises***

You have been asked to give a reference by ..... who is applying for a place on the Arrupe Program for training Directors of the *Spiritual Exercises*.

The aim of the Arrupe Program is to help the participants gain experience and competence in giving individually guided retreats on the basis of the *Spiritual Exercises* of Saint Ignatius of Loyola.

Applicants for the course should be persons deeply motivated by faith. They should be integrated personalities, reflective, well able to relate to others; people of contemporary outlook and open to the world, yet at the same time respectful of the spiritual tradition. While previous experience of retreat-giving is not essential, it must be reasonably likely that the applicants will have opportunities to practice this ministry after the course.

It would help us to estimate the applicant's suitability for the course if you could respond as far as possible to the following questions. They have been seen by the applicant who has given them to you and s/he consents to them.

1. How long have you known the applicant?

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2. What is your relationship to the applicant?  
(friend, mentor, spiritual director, congregational leader etc.)

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3. How familiar are you with the content and method of the *Spiritual Exercises* of Saint Ignatius of Loyola in their individually guided form?

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4. Would you say the applicant's judgements are, in general, appropriate and consistent? Does s/he possess a sense of appropriate humour?

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5. What signs do you see that the applicant has good self-knowledge ?

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6. How mature is the applicant in his/her relationships?  
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7. Is the applicant able to understand and express interior experience? [or does s/he show lack of interest in this]  
Is s/he comfortable with emotion, both in self and others?  
Does s/he have the sensitivity to pick up another's subtle communication, nuances, non-verbal indications, etc.

8. Is the applicant approachable; a person who treats others with respect and acceptance ? Is s/he a person with whom another could be easily open? In retreat direction, would s/he be able to respond to another with both gentleness and firmness, as appropriate?  
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9. In what ways do you sense that the applicant is a person of mature faith?  
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10. Does the applicant appear to have any notable difficulties in accepting and dealing with the 'real world' ? If so, do you sense that his/her personal spirituality compounds these difficulties or helps resolve them?  
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11. In what ways do you sense in the applicant an awareness of the wider social implications of following the Gospel?  
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12. How familiar is the applicant with past and/or contemporary literature of spirituality?  
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13. Would you yourself be willing to be directed through the Spiritual Exercises by the applicant, given sufficient training?

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14. Is the applicant already engaged in retreat-direction and/or spiritual direction ? If not, is s/he likely to find, or make the opportunity to embark on such after completing the course?

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15. The program is fairly intensive and some people could find the experience of direction emotionally stressful. Do you consider that the applicant has sufficient spiritual, physical and psychological stamina to sustain such a course?

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16. Would you support the candidate's application for the Arrupe Program?

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Please use the space below, or extra sheets to enlarge upon what you have written above, or make comments on the applicant's suitability or unsuitability for the ministry of giving the Spiritual Exercises.

In order to insure that we select the right persons for this training course it may be necessary to telephone you and speak with you confidentially about the applicant.

Would you agree to this? .....

COULD YOU PLEASE MAIL YOUR REFERENCE AS SOON AS POSSIBLE. THANK YOU.

Referee's signature:.....

Date: .....

Name: [BLOCK LETTERS] .....

Address: .....  
.....  
.....

Email: .....

Tel. No. ....

Please mark your envelope Confidential and address it to:

Course Coordinator  
The Arrupe Program  
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99 Studley Park Road  
Kew VIC 3101

*Thank you very much for your help.*

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Email: .....

Tel. No. ....

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